



# Monday ... stop & smell the cedars

## Shops • Galleries • Restaurants

### *On the Pier*

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	Closed	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	6:30AM – 3:00PM		

### *Snug Cove*

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 9:00PM	Squirrel	Closed
The Snug Cafe	5:00AM – 4:00PM	Connie Wright Original Knits	Closed
The Pub	11:30AM – Midnight	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	3:00PM – 9:00PM	Union Steamship Gift Store	9:00AM – 6:00PM
Rustique Bistro	Closed	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	Closed	The Gallery @ Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	Closed
The Village Baker	7:00AM – 3:00PM	Phoenix on Bowen	10:00AM – 5:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	Closed
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	1:00PM – 8:00PM	The Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	Closed	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 7:00PM
		Bowen Island Pet Supply	9:30AM – 7:00PM

### *Artisan Square*

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	Closed	Maison Sanskar	By appointment
Cocoa West	Closed	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	Closed
		Movement Global	By appointment
		Miki Tanaka Jewelry	Closed
		Die Goldshmiede	Closed
		Vikki Fuller Studio Gallery	By appointment
		Cloudflower Clayworks	Closed
		The Real Rapunzel Gifts	Closed
		The Flower Shop	Closed
		Wren Boutique	Closed
		Lumber Lace	By appointment
		Sangre de Fruta Botanicals	10:00AM – 4:00PM

### *Mid-Island*

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	Closed



# It's Tuesday . . . a slower day

## Shops • Galleries • Restaurants

### On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	Closed	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	9:00AM – 3:00PM		

### Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 9:00PM	Squirrel	Closed
The Snug Cafe	5:00AM – 4:00PM	Connie Wright Original Knits	Closed
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	Closed	Union Steamship Gift Store	9:00AM – 6:00PM
Rustique Bistro	Closed	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	Closed	The Gallery @ Cove Commons	Closed
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 4:00PM
The Village Baker	7:00AM – 3:00PM	Phoenix Books	Closed
Bowen Sushi	Closed	Candy in the Cove	Closed
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	Closed	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 7:00PM	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 7:00PM
		Bowen Island Pet Supply	9:30AM – 7:00PM

### Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	Closed	Maison Sanskar	By Appointment
Cocoa West	Closed	Arts Pacific Gallery	Closed
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	Closed
		Die Goldshmiede	10:00AM – 4:00PM
		Vikki Fuller Studio Gallery	By appointment
		Cloudflower Clayworks	11:00AM – 4:00PM
		The Real Rapunzel Gifts	Closed
		The Flower Shop	10:00AM – 5:00PM
		Wren Boutique	Closed
		Lumber Lace	By appointment
		Sangre de Fruta Botanicals	10:00AM – 4:00PM

### Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	Closed



# Wednesday... wander around ...

## Shops • Galleries • Restaurants

### On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	CLOSED	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	CLOSED		

### Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 9:00PM	Squirrel	Closed
The Snug Cafe	5:00AM – 4:00PM	Connie Wright Original Knits	Closed
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	Closed	Union Steamship Gift Store	9:00AM – 6:00PM
Rustique Bistro	9:00AM – 2:00PM 5:00PM – 8:30PM	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	5:00PM – 9:00PM	Gallery @ Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 4:30PM
The Village Baker	7:00AM – 3:00PM	Phoenix Books	10:00AM – 5:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	Closed
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	Closed	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 7:00PM	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 7:00PM
		Bowen Island Pet Supply	9:30AM – 7:00PM

### Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	8:30AM – 4:30PM	Maison Sanskar	11:00AM – 5:00PM
Cocoa West	10:00AM – 5:00PM	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	11:00AM – 5:00PM
		Die Goldshmiede	10:00AM – 4:00PM
		Vikki Fuller Studio Gallery	By appointment
		Cloudflower Clayworks	11:00AM – 4:00PM
		The Real Rapunzel Gifts	11:00AM – 4:30PM
		The Flower Shop	10:00AM – 5:00PM
		Wren Boutique	10:00AM – 5:00PM
		Lumber Lace	By appointment
		Sangre de Fruta Bontanicals	10:00AM – 4:00PM

### Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	10:00AM – 5:00PM



# Thursday – check out these ... Shops • Galleries • Restaurants

## On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	CLOSED	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	9:00AM – 3:00PM		

## Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 9:00PM	Squirrel	11:00AM – 5:00PM
The Snug Cafe	5:00AM – 4:00PM	Connie Wright Original Knits	11:00AM – 5:00PM
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	3:00PM – 9:00PM	Union Steamship Gift Store	9:00AM – 6:00PM
Rustique Bistro	9:00AM – 2:00PM 5:00PM – 8:30PM	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	5:00PM – 9:00PM	Gallery @ Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 4:30PM
The Village Baker	7:00AM – 3:00PM	Phoenix Books	10:00AM – 5:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	Closed
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	1:00PM – 8:00PM	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 7:00PM	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 7:00PM
		Bowen Island Pet Supply	9:00PM – 7:00PM

## Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Artisan Eats	8:30AM – 4:30PM	Maison Sanskar	11:00AM – 5:00PM
Cocoa West	10:00AM – 5:00PM	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	11:00AM – 5:00PM
		Die Goldshmiede	10:00AM – 4:00PM
		Vikki Fuller Studio Gallery	By appointment
		Cloudflower Clayworks	11:00PM – 4:00PM
		The Real Rapunzel Gifts	11:00AM – 4:30PM
		The Flower Shop	10:00AM – 5:00PM
		Wren Boutique	10:00AM – 5:00PM
		Lumber Lace	By appointment
		Sangre de Fruta Botanicals	10:00 – 4:00PM

## Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	10:00AM – 5:00PM



# It's Friday. Awesome!

## Shops • Galleries • Restaurants

### On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	Closed	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	6:30AM – 3:00PM		

### Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 10:00PM	Squirrel	11:00AM – 5:00PM
The Snug Cafe	5:00AM – 4:00PM	Connie Wright Original Knits	11:00AM – 5:00PM
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	3:00PM – 9:00PM	Union Steamship Gift Store	9:00AM – 6:00PM
Rustique Bistro	9:00AM – 2:00PM 5:00PM – 8:30PM	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	5:00PM – 9:00PM	The Gallery@Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 4:30PM
The Village Baker	7:00AM – 3:00PM	Phoenix Books	10:00AM – 5:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	Closed
Bowen Roasting	Closed	Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	1:00PM – 8:00PM	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 7:00PM	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 7:00PM
		Bowen Island Pet Supply	9:30AM – 7:00PM

### Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	8:30AM – 4:30PM	Maison Sanskar	11:00AM – 5:00PM
Cocoa West	10:00AM – 5:00PM	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	11:00AM – 5:00PM
		Die Goldshmiere	10:00AM – 4:00PM
		Vikki Fuller Studio Gallery	By appointment
		Cloudflower Clayworks	11:00AM – 4:00PM
		The Real Rapunzel Gifts	11:00AM – 4:30PM
		The Flower Shop	10:00AM – 5:00PM
		Wren Boutique	10:00AM – 5:00PM
		Lumber Lace	By appointment
		Sangre de Fruta Botanicals	10:00AM – 4:00PM

### Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	10:00AM – 5:00PM



# Saturday ... indulge a little

## Shops • Galleries • Restaurants

### On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	Closed	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	9:00AM – 4:00PM		

### Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 10:00PM	Squirrel	11:00AM – 5:00PM
The Snug Cafe	7:00AM – 4:00PM	Connie Wright Original Knits	11:00AM – 5:00PM
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	11:30AM – 9:00PM	Union Steamship Gift Store	9:00AM – 7:00PM
Rustique Bistro	9:00AM – 2:00PM 5:00PM – 8:30PM	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	5:00PM – 9:00PM	Gallery @ Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 5:00PM
The Village Baker	8:00AM – 3:00PM	Phoenix Books	9:00AM – 5:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	12:00AM – 5:00PM
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	1:00PM – 8:00PM	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 7:00PM	The Ruddy Potato Market	9:00AM – 7:30PM
		Cates Pharmacy	9:30AM – 5:30PM
		Bowen Island Pet Supply	9:30AM – 7:00PM

### Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	8:30AM – 4:30PM	Maison Sanskar	11:00AM – 5:00PM
Cocoa West	10:00AM – 5:00PM	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	11:00AM – 5:00PM
		Die Goldshmiede	11:00AM – 4:00PM
		Vikki Fuller Studio Gallery	11:00AM – 4:00PM
		Cloudflower Clayworks	11:00AM – 4:00PM
		The Real Rapunzel Gifts	11:00AM – 4:30PM
		The Flower Shop	10:00AM – 5:00PM
		Wren Boutique	10:00AM – 5:00PM
		Lumber Lace	11:00AM – 4:00PM
		Sangre de Fruta Botanicals	12:00PM – 4:00PM

### Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	10:00AM – 5:00PM





# Sunday Funday!

## Shops • Galleries • Restaurants

### On the Pier

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>DO</i>	<i>HOURS</i>
Branch on Bowen	Closed	Bowen Island Sea Kayaking	Closed
Tell Your Friends Cafe	9:00AM – 4:00PM		

### Snug Cove

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Doc Morgan's	11:30AM – 9:00PM	Squirrel	11:00AM – 5:00PM
The Snug Cafe	7:00AM – 4:00PM	Connie Wright Original Knits	11:00AM – 5:00PM
The Pub	11:30AM – 12:00AM	Out of the Blue	10:00AM – 6:00PM
Barcelona Tapas & Wine Bar	11:30AM – 9:00PM	Union Steamship Gift Store	9:00AM – 7:00PM
Rustique Bistro	10:00AM – 3:00PM	Catching Stars Art Gallery	11:00AM – 5:00PM
Tuscany	5:00PM – 9:00PM	Gallery @ Cove Commons	11:00AM – 4:00PM
The Ruddy Potato Deli	9:00AM – 7:30PM	Fabulous Finds	11:00AM – 4:00PM
The Village Baker	9:00AM – 1:00PM	Phoenix on Bowen	10:00AM – 4:00PM
Bowen Sushi	11:30AM – 8:00PM	Candy in the Cove	12:00AM – 5:00PM
Bowen Roasting		Bowen Beer & Wine Cellar	10:00AM – 11:00PM
Copper Spirit Distillery	1:00PM – 8:00PM	Snug Cove General Store	8:00AM – 8:30PM
Happy Isle Cannabis	11:00AM – 5:00PM	The Ruddy Potato Market	9:00PM – 7:30PM
		Cates Pharmacy	Closed
		Bowen Island Pet Supply	10:00 – 5:00PM

### Artisan Square

<i>EAT &amp; DRINK</i>	<i>HOURS</i>	<i>SHOP</i>	<i>HOURS</i>
Artisan Eats	8:30AM – 4:30PM	Maison Sanskar	11:00AM – 5:00PM
Cocoa West	10:00AM – 5:00PM	Arts Pacific Gallery	11:00AM – 4:00PM
		Artisiani Milanesi Cashmere	10:00AM – 4:00PM
		Movement Global	By Appointment
		Miki Tanaka Jewelry	11:00AM – 5:00PM
		Die Goldshmiede	Closed
		Vikki Fuller Studio Gallery	11:00AM – 4:00PM
		Cloudflower Clayworks	11:00PM – 4:00PM
		The Real Rapunzel Gifts	11:00AM – 4:30PM
		The Flower Shop	Closed
		Wren Boutique	10:00AM – 4:00PM
		Lumber Lace	11:00AM – 4:00PM
		Sangre de Fruta Botanicals	12:00PM – 4:00PM

### Mid-Island

<i>EAT &amp; DRINK</i>	<i>HOURS</i>
Alderwood Farm	10:00AM – 5:00PM